

# Sacred Space Peace be with You!

The Gospel of Matthew Series (and John)

## PREPARATION

Lord, you will grant us peace;  
all we have accomplished is really from you. Isaiah 26:20

**Our souls long for Your presence Lord. When we fill my thoughts with You we encounter peace and wellbeing.**

## ADORATION and GRATITUDE

<sup>7</sup> You have given me greater joy  
than those who have abundant harvests of grain and new wine.

<sup>8</sup> **In peace I will lie down and sleep,  
for you alone, O Lord, will keep me safe.** Psalms 4

## CONFESSION

<sup>6</sup> So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

<sup>7</sup> **For the sinful nature is always hostile to God. It never did obey God's laws, and it never will.** Romans 8

## MEDITATION & CONTEMPLATION—John 20:19-21, 26-31

<sup>19</sup> That Sunday evening the disciples were meeting behind locked doors because they were afraid of the Jewish leaders. Suddenly, Jesus was standing there among them! "Peace be with you," he said. <sup>20</sup> As he spoke, he showed them the wounds in his hands and his side. They were filled with joy when they saw the Lord! <sup>21</sup> Again he said, "Peace be with you. As the Father has sent me, so I am sending you."

PRACTICE: IN SOLITUDE OR COMMUNITY	
Read	Slowly, several times.
Reflect	How do I relate to this?
Respond	What is my next step of obedience?
Rest	Receive God's healing and renewal.

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<sup>26</sup> Eight days later the disciples were together again, and this time Thomas was with them. The doors were locked; but suddenly, as before, Jesus was standing among them. "Peace be with you," he said. <sup>27</sup> Then he said to Thomas, "Put your finger here, and look at my hands. Put your hand into the wound in my side. Don't be faithless any longer. Believe!"

<sup>28</sup> "My Lord and my God!" Thomas exclaimed.

<sup>29</sup> Then Jesus told him, "You believe because you have seen me. Blessed are those who believe without seeing me."

<sup>30</sup> The disciples saw Jesus do many other miraculous signs in addition to the ones recorded in this book. <sup>31</sup> But these are written so that you may continue to believe that Jesus is the Messiah, the Son of God, and that by believing in him you will have life by the power of his name.

ANCHORING PRAYER *"My Lord and my God!"*

## REVIEW OF THE HEART

- *What feelings do I identify as I read and meditate on these passages of Scripture?*
- *Which area(s) of my life lacks peace?*

## WISDOM

God cannot give us a happiness and peace apart from Himself, because it is not there. There is no such thing. -C.S. Lewis

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church & One Another*

## CLOSING PRAYER

**We pray that You, our Lord and our God, the source of hope, will fill us completely with joy and peace because we trust in You. Then we will overflow with confident hope through the power of the Holy Spirit. Amen.**

Romans 15:13 (adapted)

## SACRED SPACE EVERY DAY

Become still and quiet before God.

Be filled with the Holy Spirit.

Pray for the Sacred Space Community.

Minister from a listening heart.